

To provide encouragement and inspiration in a loving format that assists my soul companions and me to awaken to the memory and Truth of who we are in the shortest possible time with the greatest ease.

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Encountering Life Issues with Soul Wisdom

THE TIME IS NOW

*Always we hope
Someone else has the answer
Some other place will be better,
some other time it will turn out.*

*This is it.
No one else has the answer.
No other place will be better, and
it has already turned out.*

*At the center of your being you have the answer,
you know who you are and you know what you want. -Lao Tzu*

What are you going to do about it? Or rather, who are you going to be? You have two choices, one~ you can continue on a path of muffled brilliance, attending to the distasteful details of living in a physical life, putting off the inevitable shining that is you or two~ you can choose to step into your most radiant self, shine wherever you go and whatever you do, you can live your truth, you can choose life over muffled anything. The time is now. The world needs you, humans need you, your striving and searching brothers need you. You chose to incarnate into a life at this moment in time, why? What is so unique about the expression of you, what aspect of God do you represent that the world needs and you need to express? Or more importantly, what stands in your way?

Is it the fear of being rejected, the fear of being crucified if you shine too brightly, the fear of failing, the fear of leaving everyone else behind? What prevents you from allowing yourself to step into your highest expression? Why do you choose quiet and subdued over brilliant and authentic? Why choose fitting in over letting your radiance fill every room you enter? What currently stands between fulfilling the purpose your spirit signed you up for and not? Fears? Fears. That's all. Don't you remember the well stated and poignant statement, "A life lived in fear is a life half lived"? That is what you are living if you aren't living in all your glory and radiance. It isn't about being pompous or outlandish, it is about facing fears and stepping

through them into the place of confidence. The confidence comes from knowing that you are living your truth, whatever that is, and not watering it down, not weakening the message, but fearlessly standing raw and available as the divine shining light that you truly are.

The human condition is simply an opportunity for your spirit to assist you in your growth, it isn't a place to rearrange, redecorate and distract yourself. Are you lost in the mirage of the stage so that you have forgotten the message behind the story you have written for yourself? When do you say enough and throw off the comforters of buffering and protection and choose to live? Living is experiencing all that is life, not breathing with a pulse. Living is choosing that which brings you joy, enthusiasm, peace, love and fulfillment. That's the simple formula for knowing if you are choosing with your heart: it brings you great joy. If you keep choosing, against all fears, choice after endless choice, only those things that your heart prompts you to, which offer joy, peace and love...you will find yourself smack dab in the bull's eye of your purpose, and you will love it. You will be living fully, radiantly, and expressing that facet of the Divine that only you can fulfill. You were born to express your unique and radiant piece of God. Is it time? It is time.

-Julie Hutslar

The Ripple Rangers~ Creating Ripples of Light Wherever They Go!



Spiritual Vision Quest meets again one year later for their third intensive. After one year of conscious living, choosing love over fear, weeding out the limiting beliefs from the empowering ones, and choosing the spirit's perception (or perfection) over the ego's, these individuals are no longer the same entities. This program has not been without work, tears, effort and disappointment, but one year later not one person says they would hesitate in doing it again. It has brought the complete transformation of the captainship of the vessel. The spirit firmly reigns! Our worlds are being transformed as we step consciously into our most brilliant selves. Join us. The time is now.



“You will never rest until you know your function and fulfill it, for only in this can your will and the Divine's be wholly joined. Invite this knowledge back into your minds, and let nothing that will obscure it enter.”

“You are afraid to know God's Will because you believe it is not yours. Every symptom of sickness and fear arises here because this is the belief that makes you want not to know. Believing this, you hide in darkness, denying that the light is in you.”

-A Course
in Miracles



Boom Your Power on the muscles of your memory! Remember who you are!



CLUES TO FINDING YOUR PURPOSE

Everyone wants to know what their purpose is here on earth and is always asking others to help them discover it. Yet what I have found is that uncovering it is simpler than you might realize. Your heart already knows. Try these few steps to get you started.

1) Choose one of these verbs: *empower, create, offer, allow, instill, show, mirror, assist, share, connecting.*

2) Now choose *something you totally love* (that may or may not seem to have to do with a divine purpose). Take that thing or action and distill it. What is it you love most about it? Ex: Music~connecting with others in song, creating moments of peace, joy or fun. Painting~bringing color to a dull place, offering a way to see something profound or beautiful, etc.

3) Then take the verb, (add some really empowering and creative descriptive words if you want) and add them to your love. You have found your purpose. For example: I mirror other's light to them. I share connection through sound. I empower others through words. I show others their divinity through poetry. I assist others heal what was never broken. And so on. Try it.



"I have been fighting through life, now I am ready to dance through it!"

-Melinda Spitek

"What makes you happy or unhappy is not the world and the people around you, but the thinking in your head"

-Anthony DeMello

"Change is only brought about by awareness and understanding."

-Anthony DeMello

1. The second *Spiritual Vision Quest* 18 month intensive program dedicated to restructuring your life from the perspective of the spirit begins Sept. 26th. Don't let this opportunity pass you by. There are no other programs of this unique nature aimed at expanding and extending your mind and heart. Step into your brilliance, join a support group based on unconditional love and live from spirit! Only a few spots left. Contact Julie asap. www.SpiritualVisionQuest.com

2. Plan ahead with your friends for the beautifully colorful fall *Women's Retreat* planned for October 13-17 here at the *Spirit Vision Retreat Center* in Sandpoint, Idaho. The theme of this retreat is *Lucid Living*. To know you are dreaming within a dream is called lucid dreaming. So to know you are living while you are living would then be called lucid living, right? Erica Nizzoli is assisting while we plan to inundate your being in spirit, learn tools to manage and create consciously, live lucidly and experience life through the lens of the spirit. Rejuvenate and be inspired! \$100 refundable deposit holds your place. Visit www.jrhutslar.com/public/retreatspage.htm



RESOURCES

READING SUGGESTIONS

1. *The Way to Love~ The Last Meditation* by Anthony DeMello



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