

To provide encouragement and inspiration in a loving format that assists my soul companions and me to awaken to the memory and Truth of who we are in the shortest possible time with the greatest ease.

MAY 2008 ISSUE EIGHT



# Encountering Life Issues with Soul Wisdom

## THE MAGICIAN'S HANDS

I once met a man who was a magician. He said he could not divulge the secrets of his trade, but he would tell me this; he said, "Look at the other hand." He explained that a magician will lead your eye to 'see' what he wants you to see. If you decide not to follow his cues, however, and observe the *other* hand, you will discover there really isn't any magic, only a sleight of hand. The magic tricks will suddenly make sense. If you watch the hand he wants you to see, you can observe his tricks again and again, you will never be able to figure them out and they will continue to confound you.

It is like that with people. If you look at the part of them they want you to see, you will be forever confounded. Behaviors, actions, responses all are simply confusing, irrational, non-sensical. You run through interactions with them again and again, remembering every detail, but comprehension is not forthcoming. You watch people's lives, you observe their habits, patterns, rituals. You hear what they tell you, you see them maintain their illnesses. It doesn't make sense. If people really wanted health, wealth and the pursuit of happiness, does what they are doing make sense? You can see it in your own life too. Ever connect the dots at the end of the day and say, "Whoa, why did I jump down the throat of the only person who really loves me?"

As with the magician's hands, our two sides are represented by the part which confuses (the ego) and that part which illuminates (the spirit). Unfortunately, we spend most of our time watching the shiny, flashy, charismatic part which only leaves us feeling confounded. Whereas the spirit self, which is the side of us that knows the ego's tricks, is often less looked at. Just as with the magician, the ego has a reason for not wanting you to see the spirit self. If you really saw the 'other hand', you would understand there really wasn't anything but a big trick going on. And very shortly the ego would be out of a job.

Imagine that everyone has a Spirit Self, and it has nothing whatsoever to do with the one who confounds you. Imagine with your mind's eye that they are brilliantly radiant, exuding warmth and love. All that is visible now is their radiant, authentic, joyful and peaceful self. They feel whole, contented and satisfied. This is the authentic self of the one you observe. Suddenly, all the dysfunctions and labels they may have attached to themselves are far off in the distance. Simply by observing this Spirit Self, you have empowered them, and you have disempowered their illusion. Every time you choose to see behind the trick, you give validity to their authentic self. And every time you connect with an authentic self, you are validating your own authentic spirit self too!



-Julie Hutslar

# *The Mask, the Mirror, and the Illusion*

AWAKENING TO THE KNOWLEDGE OF  
WHO YOU TRULY ARE



JULIE HUTSLAR

LUMINOUS EPINOIA PRESS

*The Mask, the Mirror and the Illusion*, Julie's second book, is about to be released. Watch for it soon! Excerpts from the book can be found on [www.jrhutslar.com](http://www.jrhutslar.com) web page.



“You know from your own experience that what you see in dreams you think is real as long as you are asleep. Yet the instant you waken, you know that everything that seemed to happen did not happen at all. You do not think this mysterious, even though all the laws of what you awakened to were violated while you slept. Is it not possible that you merely shifted from one dream to another, without really wakening?”

“Even the faintest hint of your reality literally drives the ego from your mind because of complete lack of investment in it.”

-A Course  
in Miracles

## THE MASK, THE MIRROR AND THE ILLUSION

In a world inundated by irrational thinking and insane decisions, with charismatic characters and bizarre relationships, it is time to pull the curtain aside and reveal the Illusionary Oz. It is time to step up to bat and acknowledge your part in this insanity of tangible players set against an inexplicable dreamscape. Paramount in a world of suffering, war and pain is your choice to awaken to the knowing that this is only an illusion and you must step into freedom and truth for all of us.

With our external and internal world on the brink of self-destruction and sabotage, you no longer have the luxury of letting someone else carry the burden. It is time to shift your society into being spirit focused and away from an ailing ancient society extolling the ego. And it can only be done by correcting the misperceptions of each individual that make up that world.



### TODAY'S TOOL

## SHIFTING TO POSITIVE THOUGHTS

When you find yourself fixated on thinking negative thoughts about someone else, or yourself, here's a way to shift the thinking. Imagine that this person you are nitpicking in your mind has just passed away and you have been asked to speak at their memorial service. Nothing shifts the thinking as quickly as this. Imagine standing before all the loved ones of this beloved person. Watch the thoughts that then begin to surface are all their very best attributes. For yourself, stand in the back of the room and listen while others speak at your service. Touching!



"We have to let go of the life we had planned in order to live the life we have waiting for us."

-Anonymous

"Everybody's kids are so special, makes you wonder where all the ordinary grown-ups come from."

-The movie Code 46

"In order to get from what was to what will be, you must go through what is."

-Anonymous

1. *"Relationships: Gifts of the Spirit"* is now available on audio CD. It will only be available through my web site until its general release date to Amazon.com and bookstores in late June. It is a 7-CD set as read by the author, Julie Hutslar, and comes with a bonus computer disc that includes the entire print version in pdf format to read on your computer or print out. One set is \$28. What follows is one listener's comments:

*"Listening to you talk on CD (you "read" your text so wonderfully well, it's hard to believe you're not just conversing) is the next best thing to hearing you in person. WOW!!! Your voice carries such deeply calm affirmation loaded with human warmth and humor. Love, Virginia"*

2. Locals, mark your calendar for the following workshops: July 12th(10am-2pm) *Relationships Workshop* Aug. 16 & 30th (10-2 each Saturday)*Creativity Workshop* and new this year *Turning Up Your Inner Light Workshop* June 14th (9am-3).



## RESOURCES

### READING SUGGESTIONS

1. *"The Impersonal Life"* (1941) DeVorss & Co Publishing



Luminous Epinoia  
P. O. Box 2547  
Sandpoint, ID 83864  
(800)786-1090  
[www.jrhutslar.com](http://www.jrhutslar.com)