

To provide encouragement and inspiration in a loving format that assists my soul companions and me to awaken to the memory and Truth of who we are in the shortest possible time with the greatest ease.

JULY 2010 ISSUE THIRTY=FOUR



# Encountering Life Issues with Soul Wisdom



## CREATING RIPPLES

Where do you go when you want to educate yourself through soul empowerment? College? Graduate school? Seminary? Where do you get immersed in unconditional love, receive tools for managing your emotional self, learn how to allocate resources to your soul and mature the ego? Aren't the most important things in life being joyful, loving and peaceful? Then why don't we have any curriculum for helping us with that?

More than ten months ago the Maiden Voyage of a Spiritual Vision Quest took shape. Without knowing the results, under guidance, 9 of us began an 18-month program dedicated to develop our god-given gifts, recognize who we truly are and live more fully in love, peace and power. We are now discovering that this is one way to do the conscious soul growth program together and HOW! This program has become so monumentally powerful, I decided the best way to share it was to hear from the horse's mouth!

My very first signup admits, "One of my major challenges has been dealing with the ramifications of sexual abuse. I've spent a lot of time and energy trying to figure out how to just survive such painful experiences. But one pivotal day, I realized that surviving wasn't enough. And that what I really desire with all of my heart, mind, and soul is the experience of true love, peace, and joy. The most valuable treasure that I've received from this program is the concrete knowledge that I'm not a victim of experience, circumstance, feelings, roles, and actions. In discovering who I'm not, I am free to experience who I truly am." And that is the crux of the whole program~ uncovering who you truly are!

Practically speaking, has it changed anyone? Is the world better off, one soul at a time? These are some of the answers: "This program has helped me become a more spiritual and spiritually aware person. Today I feel more peaceful, more balanced, more open, more accepting, less judgmental and kinder. I am more aware of gratitude and grateful for things I wouldn't have thought to be grateful for in the past." "I used to allow my fears and anxiety to dictate my actions and that usually meant hiding as means of survival. But after learning some important tools and skills, I was able to bring my attention to what lies beneath those self-destructive behaviors and attend to them. I am now able to allow myself to experience life in a more open and loving way."

One of the most profound things about this program has been the support group, more unconditional than I could have imagined. Here's what a few say about that: "The support is probably one of the best things offered in this program. Having people that understand your struggles when I am dealing with a death in the fam-

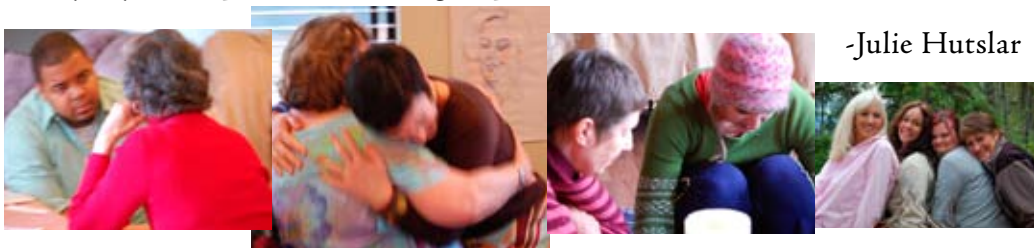
ily, a rocky relationship, turbulent finances and fear of complete spiritual connection is more important than you could ever realize.” “The support group is incredibly valuable because my group has shown me what it means to be loved, honored, and cherished unconditionally.”

We meet together in Sandpoint, Idaho every 6 months for a one week intensive with weekly conference calls & lots of work and joy as needed. The intensives are not only intense, but rejuvenating, filled with tremendous growth and the experience always takes us to a new level of love. Craig says, “Every time I’ve left Idaho I feel like my life has evolved a bit more.” “The intensives are not only empowering, they are a great deal of fun. Life should be about joy and this program is joyful! Sandpoint is a beautiful place and the opportunity to connect with nature enhances the whole experience. The safe and loving environment also provides a solid foundation to start from and continue to grow.”

What about the process and the facilitator? “There is no dogma. I like that I can collect information and keep what works for me and use what I wish. I like that I get to fit it to my own truth and integrity of who I am,” shares Terri. “This program is actually exceeding my expectations greatly. I initially expected to learn a few concepts that would help me in my life, but I have gained a family and command over my reality like no other!” As Ann sees it, “There is nothing about this program that is exclusionary, it is about embracing who we truly are and sharing that as One.” And Julie? Katie puts it beautifully, “Julie is a most incredible teacher. She shares her knowledge and skills very openly, at an equal heart level. I feel that she can see my soul and often the goodness of my physical being that I struggle with ~ and she is never judgmental. She is fun, positive, loves to laugh and loves and accepts me unconditionally.” “Her loving and joyful nature make the whole learning process exciting, fun and interesting.”

Are we creating ripples in our world? Would you recommend the program? “I would HIGHLY recommend this program if you’ve ever felt lost, alone, scared, unfocused! I also recommend this to anyone who feels they have a higher purpose, a twinkle of greatness laying dormant inside or just generally want to help your fellow man. Personally I’ve felt powerless, scared of taking on life to its fullest capacity yet knew somehow I would affect this world positively. The last component I required was having a loving family that believed in me more than I believed in myself! If you’re reading this, chances are this program is for you as well.” And Liz sums it up perfectly when she says, “I would definitely recommend this program to others because knowing who we truly are is the most precious gift you can give yourself and holding up that brilliant light is the miraculous gift you give to the world.”

A Spiritual Vision Quest begins late September and as the group overlaps 6 months, the newcomers are fortunate enough to have seasoned mentors before they become mentors their last 6 months. Your spirit will let you know quite clearly if you are part of this new group of Vision Questers!



-Julie Hutslar



“Freedom from illusions lies only in not believing them.”

“The journey to God is merely the reawakening of the knowledge of where you are always and what you are forever. It is a journey without distance to a goal that has never changed.”

“Alone we can do nothing, but together our wills fuse into something whose power is far beyond the power of its separate parts.”

-A Course in Miracles



*Spirit Vision Retreat Center*

### PRICELESS ADVICE

*When Warren Buffet was asked what was the best advice he ever got, here is his response...*

“The power of unconditional love. I mean, there is no power on earth like unconditional love. And I think that if you offered that to your child, I mean, you’re 90 percent of the way home. There may be days when you don’t feel like it — it’s not uncritical love; that’s a different animal — but to know you can always come back, that is huge in life. That takes you a long, long way. And I would say that every parent out there that can extend that to their child at an early age, it’s going to make for a better human being.”

In an exclusive interview with Yahoo! News and the Huffington Post.



“It is not your role to make others happy; it is your role to keep yourself in balance.

When you pay attention to how you feel and practice self-empowering thoughts that align with who-you-really-are, you will offer an example of thriving that will be of tremendous value to those who have the benefit of observing you. You cannot get poor enough to help poor people thrive or sick enough to help sick people get well. You only ever uplift from your position of strength and clarity and alignment.” -Abraham

1. Two spaces just became available for the Women’s Retreat in a few weeks Aug. 5-8. The theme is “Already Perfect” and is all about healing and rejuvenation! Someone’s name is on those two spaces, call me if it is yours! (208)263-1448
2. Plan ahead with your friends for the beautifully colorful fall Women’s Retreat planned for October 14-17 here at the Spirit Vision Retreat Center in Sandpoint, Idaho. The purpose of both retreats is to inundate your being in spirit, learn tools to manage and create consciously, live lucidly and experience life through the lens of the spirit. Rejuvenate and be inspired! \$100 refundable deposit holds your place.
3. The second Spiritual Vision Quest 18 month intensive program dedicated to restructuring your life from the perspective of the spirit begins this Sept. Your spirit may speak to you about it. [www.SpiritVisionQuest.com](http://www.SpiritVisionQuest.com)



## RESOURCES

### READING SUGGESTIONS

1. *A Happy Pocket Full of Money~ Your Quantum Leap into Understanding, Having and Enjoying Immense Wealth and Happiness* by David Cameron Gikandi



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