

To provide encouragement and inspiration in a loving format that assists my soul companions and me to awaken to the memory and Truth of who we are in the shortest possible time with the greatest ease.

JANUARY 2009 ISSUE SIXTEEN



Encountering Life Issues with Soul Wisdom

HAVE FAITH IN YOUR RELATIONSHIPS

Every relationship (and situation, which all include relationships) is a path to awakening. As hard as that may be to swallow, depending upon the nature of your challenging relationships, it is true. There are just a couple of qualifiers to understand first. Number one, you do not know the purpose of your relationship. And number two, faith is required to see the relationship out to its divine potential.

That takes the control out of the relationship dynamic, doesn't it? And actually, once you do that, it helps a lot. The goal shifts from trying to manage as best we can in a failing or at least challenging relationship to allowing a greater truth to arise from it. Currently I am working with two women who both are recovering from serious emotional blowouts with sisters, and not just any sisters, but very close, long term friends. Both of these women have been tasked with reevaluating an intimate relationship and are being forced to either release the relationship completely or step more fully into an honest and upgraded way of relating. One woman has fought the urge to just simply allow her sister of over 60 years to become alienated from her as she licks the wounds of their hurtful battle. But as she comes back to it again and again with the genuine intent of finding a safer, kinder, more loving and honest way to connect, she has been forced to have faith that either her intentions will be greeted with love or the door will remain shut. It is not in her active control. Voila, right there a major hurdle of control/peace at any cost has been overcome. And who could have instigated such a painful, heart rending inner journey except someone she cared about so much?

Sometimes relationships are bitter or challenging for years, but maybe the stalemate is in simply wanting it our way. As I suggested to one of my friends, someone has to be the first one to be the bigger person. If you could keep in mind that every situation, every relationship, every family member and every step-child has been fabricated by you, for you, then it wouldn't feel so much like persecution.

What if you decided all bets were off? Every way you have perceived and responded to someone were going to have to change, what would you risk? Your pride maybe? But what do you have to gain? Apparently, awakening! Remember, we don't know the purpose of the relationship and we must trust that it will guide us to the truth. Only no one said how *long* it would take. Why not expedite the learning curve?

Could you call a truce? Could you decide you were going to channel all negative conversations in another direction? Could you decide you were going to stop the car and get out and walk every time someone got angry or hateful with you in the car? Could you decide to love someone no matter how they are act-



ing at the moment? Could you decide to speak only to someone's higher self when they were not being receptive in their physical form? Could you decide to forgive someone even though they may know nothing about it? Could you take the high road, be the bigger person first?

What will it take for us to allow a situation and a relationship to guide us to our highest responses, our highest honor, our highest integrity, our truest selves, our purpose for being here? Simply faith. Faith that somehow this moment has the potential to guide us there if we only allow, not get in the way by trying to force or control, but simply to trust that a higher wisdom is at work. Now step into the place of love and honor you deserve and see what happens next in your relationship. What do you have to risk?



-Julie Hutslar

YOUR THINKING CHANGES THE BIGGER THINKING

Many people are under the misperception that others can change things, that maybe a new administration can change things, and that they can just sit and watch. The truth is that YOU must change your thinking for anything to change.

Everything that happens, happens first in your mind. That means, OUR thinking must grow outside the box if our physical world is to change significantly. That means that if we are going to assist the changes that need to happen in America, we must be the ones to think them possible first. Every one of us holds thoughts and ideas that are bigger than what we think as mainstream Americans, each of us has unique gifts and propensities. And each one of us must begin to employ those gifts even if the first step is simply to allow our minds to THINK outside the box.

Allow your mind to expand, know that your thoughts have power. Ideas are power. Ideas are the beginning of everything that exists. Reach into your youth, recall impactful science fiction novels, remember writers or philosophers that influenced you, imagine something totally different, dream without boundaries.

In a 1939 Robert Heinlein novel, he purports an idea of what evolved man would look like and it eliminates the need to simply survive. Karl Marx's manifesto of 1848 suggested an evolved man as taking no more than he needed and giving what he was called to offer, again eliminating survival issues and promoting individual talents. Wallace Wattles, in his prosperity program from 1910, suggests that to make an institution of studying poverty only validates its existence in our world. He offers the idea of teaching inspiring concepts of focus, trust, power and possibility, again creating a different idea of an evolved human. Florence Scovel Shinn writes in the 1920s about possibilities of creating your own reality, drawing to you specifically what you want and need.

How can we build on inspiring or radical ideas? How can we shape our thoughts simply by giving them breath? Which thoughts are ready to step from the thinking realm into the manifest realm? Are we ready to think possibilities that seemed impossible years ago? Are you ready to dream big? You have the power to initiate change, every one of us does.



“Every situation in which you find yourself is but a means to meet the purpose set for your relationship. See it as something else and you are faithless.”

“If you lack faith in anyone to fulfill, and perfectly, his part in any situation dedicated in advance to truth, your dedication is divided.”

“Love is not an illusion. It is a fact.”

-A Course in Miracles



“From Known to Unknown”



TODAY'S TOOL

SIMPLY CHOOSE PEACE

Most of us think that we can't be at peace until we finish this, pay for that, finalize the other or solve something else. The truth is, there will always be something to keep us from peace if we are waiting for a cessation of worries. All that is required for a moment of peace is to *choose* a moment of peace. Perhaps tomorrow all hell is going to break loose, will it hurt then to simply decide to choose to be at peace right now? It may even *help*, what a concept!

Actually, living more often in peace than worry or concern will draw more of what holds the same vibration as peace: satisfaction, wholeness, confidence, joy, genuine love, serenity, and happiness. And isn't that what we are worried we aren't going to get? It is as simple as choosing peace this very moment.



“We are infinite beings pretending to be finite. We have created forms and conditions to escape the limitations of formlessness, but let's not forget who we really are and let's not pretend too hard!”

-Brad Jensen

The Secrets of the Universe

“Man's mind, once stretched by a new idea, never regains its original dimensions.”

-Oliver Wendell Holmes

1. For those of you in the Seattle area, don't forget, Saturday, Jan. 24th at East West Bookshop on Roosevelt at 7:30pm. Julie will be the guest speaker and speaking about *The Mask, the Mirror and the Illusion*. Also, at noon that day, *Voice of Choices Magazine* is hosting an intimate gathering at the editor's retreat setting in Marysville. Reserve your space (206)715-2824.
2. Sandpoint area readers, mark your calendar for the first of the 2009 workshops. Feb. 7th is *Transforming Relationships* workshop at Caribou Creek Studio (weather permitting). Email or call for more detailed info or visit the web site: www.jrhutslar.com

SPECIAL THIS MONTH

Audio Book *Relationships: Gifts of the Spirit* as read by the author Julie Hutslar 7 CDs plus bonus CD with entire e-book \$25. incl.shipping (regularly \$33. via mail) Email Julie@jrhutslar.com.



RESOURCES

READING SUGGESTIONS

1. *Journey Into Oneness* by Michael Roads- it will expand your mind to limitless horizons.



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