

To provide encouragement and inspiration in a loving format that assists my soul companions and me to awaken to the memory and Truth of who we are in the shortest possible time with the greatest ease.

FEBRUARY 2011 ISSUE FORTY=ONE



Encountering Life Issues with Soul Wisdom

WHO ARE YOU COLLABORATING WITH?

It is imperative to see your life as a story or a play, because it offers the vantage point of the writer and director who might be watching your story unfold. This helps you understand why certain events are occurring again and again and that they fit perfectly with your story line. As the leading actor or actress we often get so involved, we forget it is simply a story and that who we truly are is so much bigger than this tiny role we have written for ourselves. One way to help determine what story you are in is look at your collaborators. Who have you written into your story?

When we think of collaboration we think of consciously making a decision to choose someone who is supportive to help us in co-creating, whether it is a creative project or a relationship. However let's look at your life and see how you are collaborating with others that both support your story and challenge you to grow out of it.

My grandson was racing motor cross last weekend and we had the opportunity to watch him. As a nine-year-old, his qualifying class has never presented a serious challenge to his winning. However this particular day a 12-year-old girl showed up to race in his class. She was determined, focused, ready to when, and black. Her mother said she aspires to be the first African American world class female moto crosser. Needless to say, she took the race effortlessly. As I spoke to my grandson getting ready for their second race together, trying to uplift his dejected spirit, I suggested that he see this girl as a teammate. As someone who seriously challenges him, someone to push him to greater heights instead of the competition.

The reality is that we are co-creators. Whether we are consciously choosing friends, children, business partners, or romantic lovers, we are choosing who we collaborate with in this story we find ourselves acting in. Look around your life. What mentors, teachers, people behind-the-scenes, and supporters have helped create your success and your learning? Who has acknowledged you or encouraged you at just the right time? Who spurs *you* on to the challenge?

Twyla Tharp says in her book *The Collaborative Habit* that collaboration always creates growth because it adds the element of another's energy. She says, "The root of any collaboration is *interchange* – literally, *change*. Nothing forces change more dramatically than a new partnership."

What if we greeted all of the challenging people in our lives as the powerful teachers that we have chosen non-consciously? What if we chose not to be offended or hurt, but to rise to the occasion that they present? What if we could step around our ego and see the bigger story unfold? What if through repeating characters we could see the story we are stuck in? How would your story unfold? And most importantly, is it the story you want to be staring in and producing?

-Julie Hutslar

Don't miss this unique opportunity: Book your spot now!

"I truly couldn't have asked for anything more in any respect. Loved all of it and needed all of it." -Stacie

"I never once said I wish that.. or I wish they would..., I think and know that this time and retreat was complete for me." -Lynn

"What a pleasant and awakening experience it has been. I will recommend this beautiful opportunity of the world!"



WHAT YOU RESIST PERSISTS WOMEN'S RETREAT

WITH

JULIE HUTSLAR & ERICA NIZZOLI

Connect with your highest, wisest and most creative and loving self. Take a journey into what you resist, that persists. Get ready to release attachments, recreate your story and get that needle out of the groove! Create consciously~ live experiencing every gift, every joy, every delight. Learn how to honor the challenges you have created and heed their messages. Be available to release whatever stands between you now and your highest possible expression. Create new friendships that add to your companions along the journey. Allow yourself to bathe in the vibration of acceptance and love!



May 26-30, 2011

Spirit Vision Retreat Center
Sandpoint, ID

\$550. includes food and lodging (\$100 deposit holds your spot)

Arrive at the Spokane, WA airport for prearranged pickup Wed afternoon

Contact Julie to sign up or for more info. (208)263-1448

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“Who would send messages of hatred and attack if he but understood he sends them to himself? Who would accuse, make guilty, and condemn himself?”

“Perception cannot obey two masters, each asking for messages of different things in different languages. What fear would feed upon, love overlooks. What fear demands, love cannot see.”

-A Course
in Miracles



Neck and Neck



COLLABORATING

Twyla Tharp says, “You always need a challenging partner. In a good collaboration, the differences between partners mean that one plus one will always equal more than two.” How do you get out of your own way and welcome what the collaboration, or relationship experience brings? *Allow the ego to step aside.*

This is paramount. In fact, not moving the ego aside assures that you will find other ‘challenging’ partners in bigger and more in-your-face roles until you can. When you are going to meet with someone about a creative project, or an ongoing problem, or even connect with a family member about an issue, leave the ego behind. The tendency is to defend your story, but growth is about moving *beyond* your story. Govinda Miller paraphrases Abraham in his newsletter, “The solution cannot be solved by the same vibrational frequency as the problem.” We need to think outside our current paradyme and collaborating with an open mind and welcoming attitude is the fertilizer to make that growth occur. Choose to place your wisest spirit in charge before you leave your room! Watch miracles happen!!



“To use the tourist metaphor, if I set an intention to go ski perfect powder and show up for a rain event, I might end up feeling trapped. But if I set an intention to welcome every possibility as a chance to learn love and gain wisdom, then I’ll probably have an amazingly rich trip.”

– Jon Waldrup
(Moon Cycles)

1. Plan ahead for this year’s retreats at *Spirit Vision Retreat Center*. The May 26-30 *Spring Retreat* offers a deeper venue for releasing what limits your highest potential. Beginning and Continuing *Youth Retreats* for ages 10-15 are scheduled for this summer. (Beginning~ June 26-30, Continuing~ July 11-15). The August 3-7 *Summer Retreat* takes a steeper step into facing fears, embracing resistance and eliminating inner saboteurs. For more info: www.jrbutslar.com/public/retreatspage.htm
2. If you haven’t already watched Julie’s new YouTube guided visualization, don’t miss it. She leads you into your very own Open Heart Space. An excellent tool for challenging relationships. www.youtube.com/watch?v=X_unB9vpvE0
3. Give some consideration to your own spiritual journey and check out the new YouTube with information and pictures on the Spiritual Vision Quest program. www.youtube.com/watch?v=_HhsQzMLWz8



RESOURCES

1. *The Collaborative Habit: Life Lessons for Working Together* by Twyla Tharp offers beautiful, poignant stories from her colorful career as a dancer and choreographer on how to consciously collaborate.



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